

**The Natural Therapy Centre
at Alanah Wood**
www.alanahwood.com

Massage

Back of Body

Full Body

60 euro

Back Neck and Shoulders

Aromatherapy

Healing Energy Treatments

Usui Reiki/Seichem

Reflexology

Guided Meditation

Facial/Foot Treatments

Alanah Wood Signature Facial

A Foot Treat

Life Coaching/Counseling

All of the above treatments are 50 euro unless noted

Body Treatments

Body Brush

35 euro

Body Scrub

50 euro

Body Wrap

55 euro

For a description of these treatments visit:
www.alanahwood.com/spa.shtml